

Our deepest fear is not that we are inadequate,
Our deepest fear is that we are powerful
beyond measure.

It is our light, not our darkness that most
frightens us. We ask ourselves, who am I
to be brilliant, gorgeous, talented and fabulous?

Actually, who are you not to be?
You are a Child of God.

Your playing small doesn't serve the world.
There is nothing enlightened about shrinking so
that other people won't feel insecure around you.

We were born to make manifest the Glory of
God that is within us. It's not just in some of
us; it's in everyone. And as we let our light
shine, we unconsciously give other people
permission to do the same.

As we are liberated from our fear our
presence automatically liberates others.

Marianne Williamson in "A Return to Love"

Read by Nelson Mandela in his inaugural address 1994