

The answer to helplessness is not so very complicated.

A man can do something for peace without having to jump into politics.

Each man has inside him a basic decency and goodness.

If he listens to it and acts on it, he is giving a great deal of what the world needs most.

It is not complicated, but it takes courage.

It takes courage for a man to listen to his own goodness and act on it.

Dare we be ourselves?

This is the question that counts.

Pablo Casals